



BAR RUA FOOD

SMALL PLATES

Marinated Olives <i>Garlic and lemon oil</i>	€4.50
Soup of the Day <i>Homemade soda bread</i>	€4.50
Rua Chowder <i>Smoked haddock, salmon, cod, shrimp, homemade soda bread</i>	€7.50
Ham Hock Terrine <i>Homemade piccalilli, Melba toast</i>	€6.50
Chilli Glazed Chicken Wings <i>Cashel Blue cheese dip, crisp celery stick</i> GF	Small €7.95 Large €13.95
Lissadell Landed Mussels <i>Carrig Pilsner, shallots, garlic, fresh cream, wheaten soda bread</i>	Small €7.95 Large €13.95
Baked Field Mushroom <i>Cashel Blue Cheese, wilted spinach, potato boxty</i> V	€6.50

SALADS

Classic Caesar Salad <i>Gubeen bacon lardons, Connemara Parmesan shavings</i>	€8.50
Corleggy Goats Cheese <i>Baby beets, watercress, candied walnuts, beetroot vinaigrette</i> V	€8.95
Clare Island Smoked Salmon <i>Gold River Farm leaves, cucumber pickle, cherry tomatoes, toasted sunflower seeds, citrus dressing</i>	€9.50

OUR SANDWICHES *Monday to Friday 12pm-4pm*

Rua Club Sambo <i>Roasted chicken fillet, crispy Gubeen bacon, Dubliner cheddar, beef tomato, Gold River Farm leaves on white sourdough</i>	€8.50
Open Freshwater Prawn <i>Stout & treacle bread, Marie Rose sauce</i>	€7.50
Hand-carved Roast of the Day <i>Rustic baguette</i>	€6.50
Pepper Crusted Irish Pastrami <i>Gruyere cheese, pickled gherkin, Dijonnaise and rocket on batch loaf</i>	€5.50

Please ask your server if you have any allergen concerns
Vegetarian **V** Gluten free **GF**

Proud to serve Lambay Beef and Connemara Lamb

BIG PLATES

Rowers Red IPA Battered Fish & Chips <i>Smashed peas, rustic tartare, Rua fries</i>	€13.50
Hereford 100 % Irish Beef Burger <i>Dubliner cheddar, crispy bacon, Rua fries</i>	€12.95
Connemara Lamb Stew <i>Celery and root vegetables, garden herbs, potatoes, soda bread</i>	€11.50
Bangers and Mash <i>Jane Russell's pork and leek sausages, creamy mash, shallot and thyme jus</i>	€10.50
Pan fried Lambs Livers <i>Gubeen bacon lardons, shallots, sage, marsala cream</i> GF	€10.00
Rua Smokies <i>Flaked naturally smoked haddock, Dubliner cheddar, Lyonnaise potatoes</i> GF	€10.50
Castletownbere White Crab Linguine <i>Spring onion, lemon, garlic, coriander, chilli</i>	€12.50
Wild Atlantic Way Seafood Platter <i>Smoked mackerel pâté salmon mousse, shrimp cocktail, native oysters, soda bread</i>	€14.95
Roast Stuffed Chicken Supreme <i>Kellys of Newport black pudding, creamy mash, buttered green beans, red wine jus</i>	€13.50
Chargrilled Hereford Rib Eye <i>Field mushroom, Rua fries, peppercorn cream</i>	€21.50
Pie of the Day <i>Rua fries or baby salad (please ask your server)</i>	€9.50
Rua's Baby Beet Boxty <i>Wilted spinach, stem broccoli, poached hen's egg</i> V	€10.95

SIDES

Rua Rooster Chips	€3.00
Fine Beans <i>with bacon lardons and garlic</i>	€3.00
Gold River Farm Mixed Leaf Salad	€3.00

SOMETHING SWEET

Selection of Boulaban Farm Icecream	€5.50
Foraged Apple & Wild Berry Crumble <i>Madagascar vanilla ice cream</i>	€5.50
Rua's Stout Chocolate Torte <i>Crème anglais</i>	€5.50
Achill Island Dilisk Panna Cotta <i>Seaweed biscuit</i>	€5.50